



Report about YES study

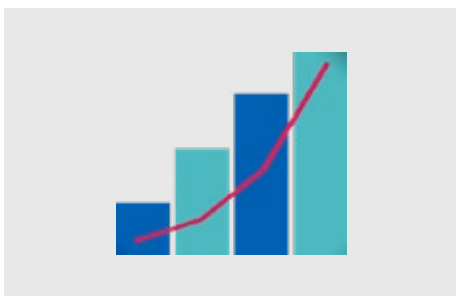
Looking and applying for work



About this report



The University of Melbourne did **research** about young people and work.



Research means to look into something to find out more about it.



Our research was called the **YES study**.



We wanted to find out what young people with disability think about work.



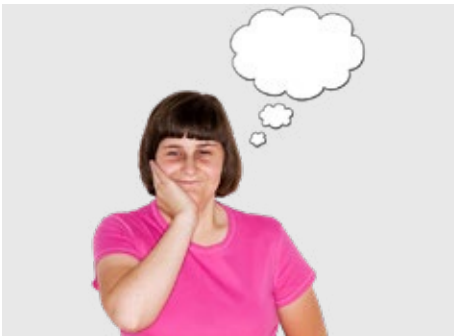
10

For our research we talked to 10 young people with intellectual disability.



14

We also talked to 14 young people with **mental health** disability.



Mental health means how you think and feel.



We asked all 24 young people

- How they find a job
- How they keep their job.



We wrote this report to share what we found out from our research.

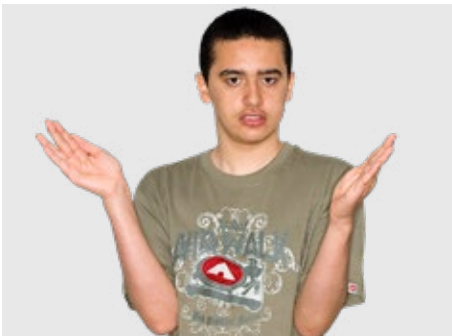
Looking and applying for work



This part of the research is about young people and jobs.



We wanted to find out what it was like for young people to get a job.



We wanted to find out what was hard about it.



We also wanted to know if young people used services and support to find a job.

Looking for a job



We asked young people what it was like to look for a job.



They said they used different ways to look for jobs.

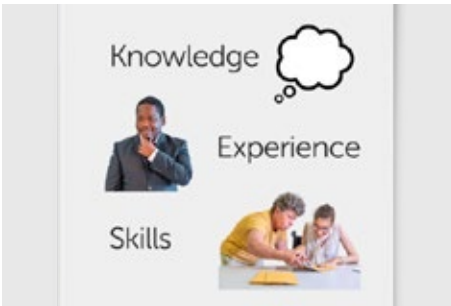


They might have looked at

- Websites like Seek that list jobs
- Websites of workplaces they like
- Social media like Facebook.



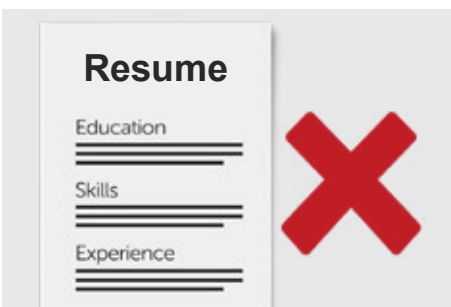
Some young people went to workplaces and gave them their **resume**.



A **resume** is a list of the jobs you did and skills you have.



They said they use their resume to show workplaces that a job is right for them.



Some young people did not have a resume.



Some said they want to make their resume better.

What was hard about getting a job



We asked young people what made it hard to find a job.



Young people told us there are lots of different things that make it hard to find a job.



There are many other people looking for a job.



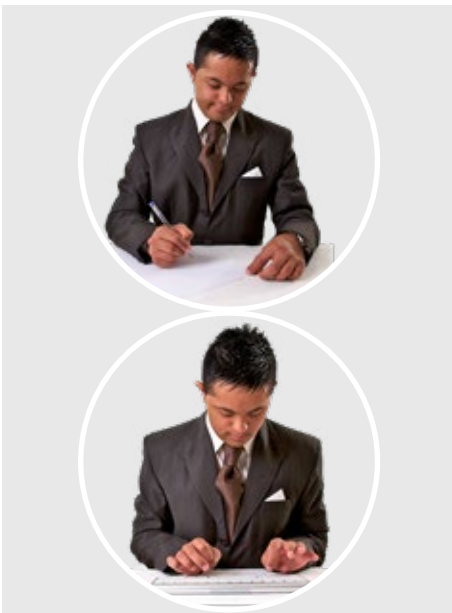
That means many people will try to get the same job.



There are not enough jobs to apply for.



Apply means when you try to get a job at a workplace.



When you apply you will do things like

- Write a letter about why you want the job
- Write a resume.

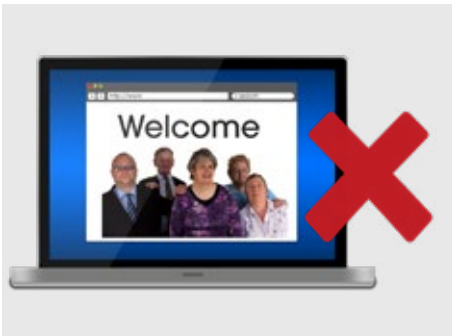


Some young people said that they do not have the support they need to look for a job.



Some young people said they do not have ways to learn

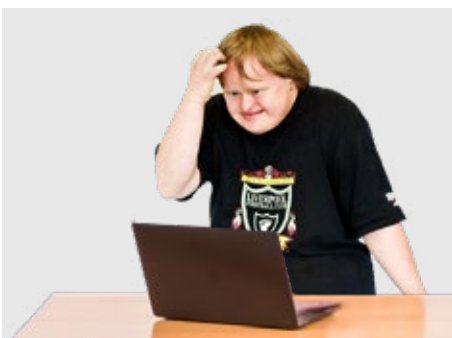
- New skills
- How to apply for a job.



Some young people do not have a computer.



That makes it hard for them to look and apply for jobs.



Some said job listings on websites are hard to use and understand.

Some young people said that they feel workplaces want to give jobs to people that



- Do not have a disability



- Have worked before



- Have studied after high school.



Some young people said they stopped looking for work as it was too hard.

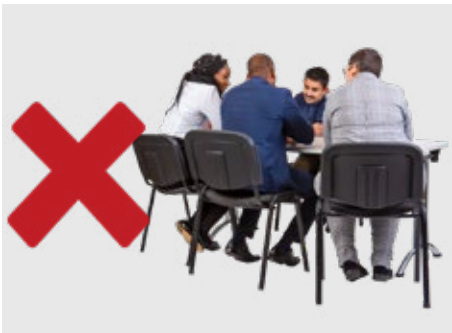
What were job interviews like



We asked young people what **job interviews** were like.



A **job interview** is when you have a meeting at the workplace to see if you are right for the job.



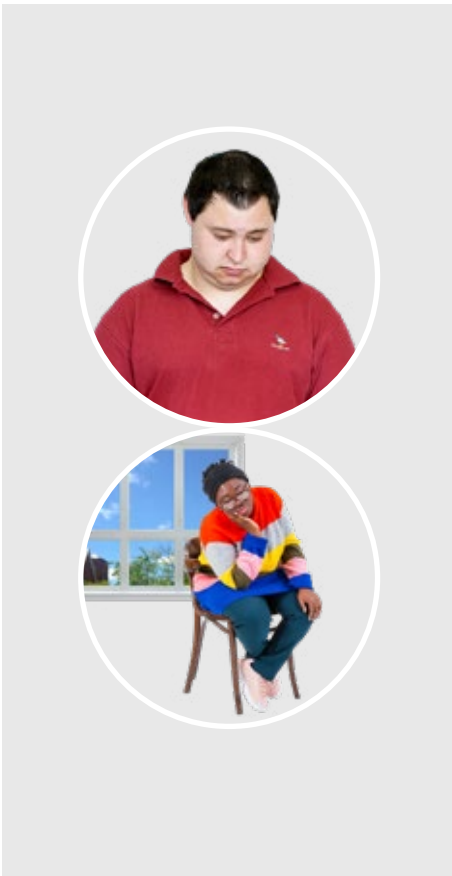
Some young people said that sometimes they apply for jobs but do not get an interview.



The workplace also does not tell them what they can do better next time they apply.



Some young people said they feel they are not treated the same way as everyone else.



Some young people got a job interview but do not

- Get the job

- Hear from the workplace after.

What was hard about job interviews



We asked young people why job interviews were hard.



Many young people said they did not get enough practice for the job interview.



They also said they did not have enough support to practice how to do a job interview.



They told us that job interviews make them feel stressed.



Some young people said they did not feel **confident**.



Confident is when you feel strong and good about how to do things.



Some young people had a good time with job interviews.

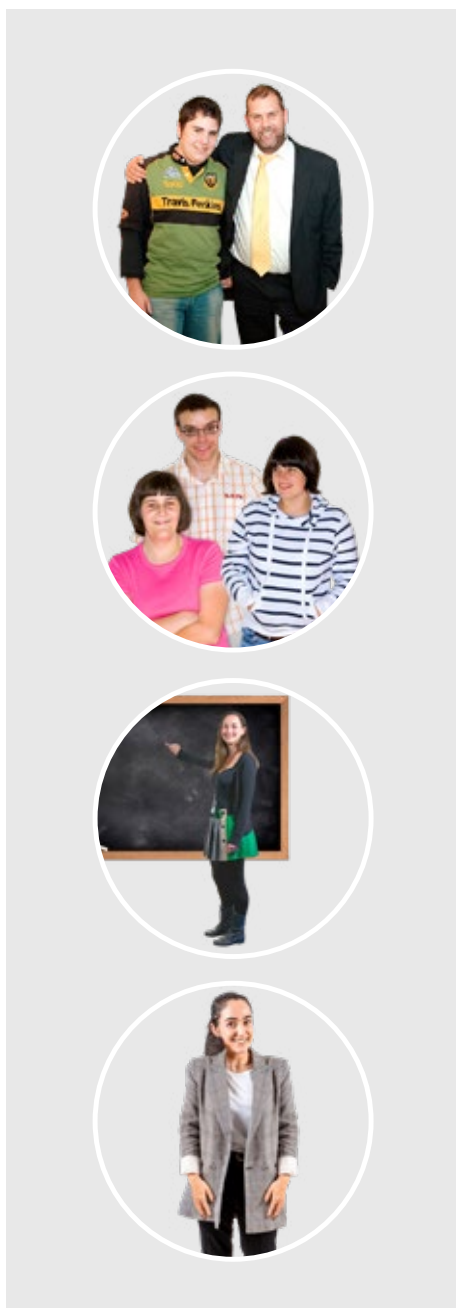


Some people had a bad time with job interviews.

Who can help to find a job

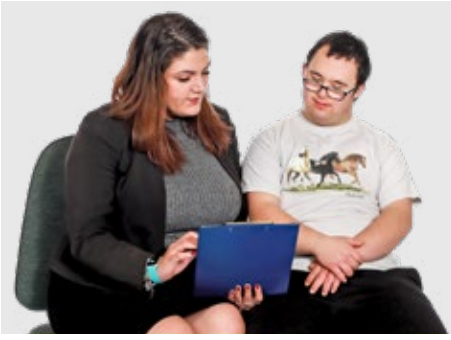


We asked young people who helped them find a job.



They told us that they got help from

- Their family
- Friends
- School teachers
- The support person at school, TAFE or Uni.



Some got help from programs that support people with disability to get ready for work.



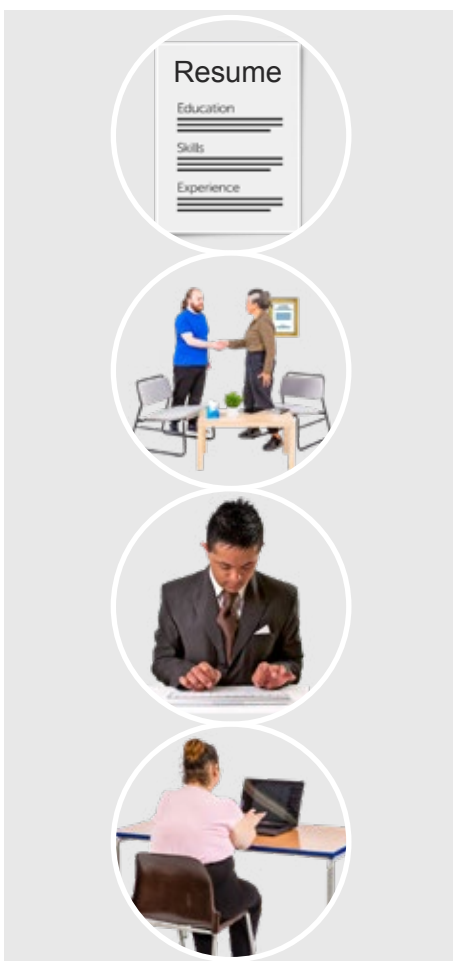
Other places that helped were

- Employment services
- Mental health services.

Support from services and programs



We asked young people what support they would like to get from services and programs.



They said that services and programs can support with

- Resumes
- Practice for job interviews
- Job skills
- Finding jobs and workplaces.



We asked young people what they think about the services and programs they use.



Some told us they were happy with their services and programs.



The service or program helped them look for work and with what they needed.

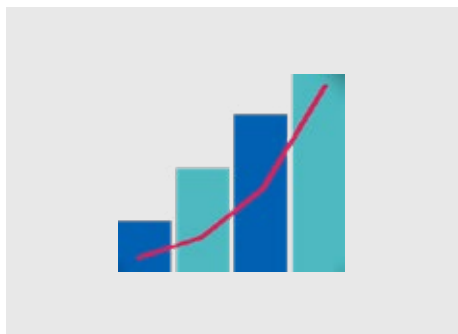


Some said their service or program was not good.

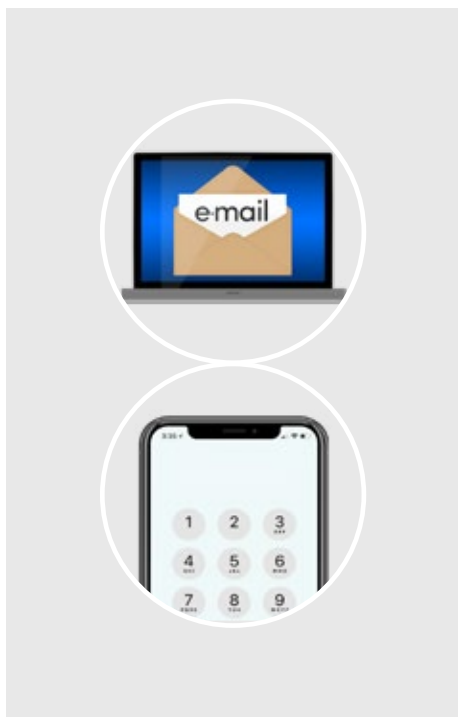


They said it did not help them find work.

More information



You can contact us to find out more about our research.



You can

- Send an email to **yes-study@unimelb.edu.au**
- Call us on **03 9035 4554**.

Council for Intellectual Disability made this document Easy Read. **CID** for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at **business@cid.org.au**.